

Positive Approach to Care®

www.TeepaSnow.com

Teepa Snow is one of the world's leading advocates and educators for anyone living with dementia or other forms of brain change.

Teepa is an Occupational Therapist with over forty years of rich and varied clinical and academic experience. Her philosophy is reflective of her education, work experience, medical research, and first-hand caregiving experiences. Her advocacy efforts led her to the development of the GEMS® State Model for understanding the progression of dementia and changes in abilities. She also created the Positive Approach to Care® training strategies, which are effective techniques for anyone seeking to optimize care and support for those living with brain change. As the Education Director of Eastern North Carolina's Alzheimer's Association, she also helped to create the nation's award-winning DVD entitled *Accepting the Challenge: Providing the Best Care for People with Dementia*. Her user-friendly approaches provide guidance and leadership to national efforts to promote best practices in care.

Teepa's company, Positive Approach to Care (PAC), was founded in 2006 and is now collaborating to improve dementia care in over thirty countries worldwide. PAC provides online and in-person services, training, and products to professionals, family members, the lay public, and people living with brain change. Please visit www.teepasnow.com for educational video clips, DVDs, books, information on individual certifications, online support groups, virtual and onsite trainings, or to subscribe to a free monthly newsletter. Teepa presents with extraordinary expertise and humor to audiences large and small throughout the world. Please join in her mission to improve the culture of dementia care, one mind at a time.

Wednesday April 26, 2023

8:30am - 9:45am

Using a Positive Approach to Dementia Care

This session will increase awareness of common brain changes of dementia, and ways these changes affect everyday function. Learners will then be introduced to a variety of verbal and nonverbal techniques and cuing strategies to improve care interactions.



10:00am - 11:15am

Learning the Difference Between Confrontational and Supportive Communication

In this session, learners will develop better communication skills when interacting with people living with dementia. It will emphasize the value of supportive communication when someone is experiencing distress, and will introduce techniques for enhancing comprehension and responses.



11:15am - 12:30pm

Working Lunch & Using Music in Dementia Care

Because the brain generally retains rhythmic and musical awareness during dementia, music is a powerful force for positive interactions. This session will help learners how to choose and use music for a wide variety of engagement purposes situations.



This activity is eligible for 3.75 nurse contact hours. This activity is presented by the Association for Home and Hospice Care of North Carolina, jointly provided by the South Carolina Home Care and Hospice Association. The Association for Home and Hospice Care of NC is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.